

# Medical salon adds second spa

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When looking for facial or body treatments, it's important to find a team with years of experience and genuine care for their clients.

The Med Spa of New Smyrna Beach is certain to provide both.

In order to accommodate and provide quality care to more clients, The Med Spa is adding a second location on the beachside at 716 E 3rd Ave. in New Smyrna Beach. With a soft opening May 1 and a grand opening to follow sometime in early fall, the staff is excited to see new and returning clients at the Beachside location.

The Med Spa offers various services with each procedure crafted so the client can live their healthiest life. According to owner and founder Dr. Abigail Adams, The Med Spa



Randy Barber/staff photographer

Dr. Abigail Adams, MD, FACEP, owner, Botox Injector & Laser Physician of The Med Spa of New Smyrna Beach has just opened a new beachside location at 716 E 3rd Avenue, New Smyrna Beach.

takes pride in how they are "going to do the right thing for the patient every single time." The number of returning patients confirms their dedication to their clients.

Services include Botox, filler, facials, skin tightening, laser treatments and weight loss.

Both locations will offer the same services with a few exceptions. For example, the laser tattoo removal will be primarily offered at the beachside location, while laser hair removal will be offered primarily at the mainland location.

When Dr. Adams established The Med Spa in 2013, she was "very careful in the selection of products and services... I wanted to make sure that they were effective and FDA approved."

Her level of care and attention to detail are extremely evident years later, as she only hires highly-qualified staff members with extensive training.

As a physician with a background in emergency medicine, Dr. Adams and her team are "very knowledgeable about all the products and all the ingredients in the products." They are certain to "perform the safest and most effective techniques."

As a result, clients feel incredibly safe in an office of women that they know they can trust. The level of experience and dedication to safety found at The Med Spa is

incredibly unique and difficult to find elsewhere.

Their services are driven by results, so The Med Spa "takes every effort to make sure that the patient is the right candidate for the procedure." If a treatment is not the proper fit, the Med Spa will let the client know and work closely with them to select something that will work for them.

"We're not going to oversell or overdue, or tell you you need something that you don't," she said. At the Med Spa, honesty will always be the best policy.

Botox is a popular offering at The Med Spa. According to Dr. Adams, they want to "prioritize natural results" and are "conservative with our injections." Some staff members have been injecting filler for more than 12 years. According to Dr. Adams, "Not only do you want to look good and natural, but you want to make sure the injector knows the anatomy to avoid complications."

Get Fit NSB, another service clients can choose from, is a personalized weight loss program using semaglutide. The plan is different for each client, developed with the expertise of a wellness and nutrition coach, personal trainer and Dr. Adams, who has a nutrition degree. The goal of Get Fit NSB is to modify your lifestyle so you can feel your absolute best, so each part of the plan is carefully considered.

To Dr. Adams, the patient

experience is important. The staff, many of whom are working moms, understand the importance of kindness and a gentle touch in this setting. Dr. Adams recognizes her staff make The Med Spa the welcoming, safe environment that it is to this day.

Since The Med Spa is an active participant in the New Smyrna Beach community, this level of care for each patient is no surprise.

"It's like we're taking care of our neighbors, our former teachers and the rest of the community. We're not just strangers. We're gonna treat you just like we were a family, because we might be family," she said.

Half the staff were born and raised in NSB, and Dr. Adams gave back to the community personally through her former occupation as an emergency room doctor at a local hospital.

Over the past 10 years, the Med Spa has donated to various charities, such as the Society of St. Vincent de Paul, and fundraisers in NSB. Dr. Adams and her staff are committed to serving the community as they help local business and residents as often as they can.

"People come to us at all walks of life, they put their trust in us with their self esteem and their confidence. It's not just vanity, we really do make a difference in people's lives."

For more information, call (386) 243-2755 or visit the-medspansb.com.

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## Notes

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Wednesday, May 10, in the Frank T. Bruno Jr. County Council Chambers on the second floor of the Thomas C. Kelly Administration Center, 123 W. Indiana Ave., DeLand.

Agenda items will include goal setting, discussion and selection, public participation,

and other business brought before the council. To view the complete agenda, visit volusia.org/addenda.

The meeting will be livestreamed at volusia.org/live-meeting.

The public may attend the meeting and provide comments. Those who are unable to attend may submit comments in advance to publicparticipation@volusia.org.

Comments received by 4 p.m. May 9, will be provided to the County Council and become part of the public record. Submissions must include the person's name, residential city and agenda item subject or number.

## County plans Explore Volusia programs

Learn about Volusia County's conservation lands and land management practices during free Explore Volusia programs in May. Environmental specialists will lead a variety of outdoor adventures and volunteer and learn programs.

Registration is required; call (386) 736-5927.

Upcoming events include:  
•Indian River Lagoon paddle: 9 to 11 a.m. Tuesday, May 9. Explore the northern end of the Indian River Lagoon while paddling from Mary McLeod Bethune Park to surrounding areas. Participants may see manatees, dolphins and many bird species. Bring a kayak, canoe or stand-up paddleboard, along with a life preserver and whistle. Meet at 6656 S. Atlantic Ave., New Smyrna Beach.  
•Green Springs bike-about: 9 to 11 a.m. Tuesday, May 16. Experience the natural world as you ride a segment of the East Central Regional Rail Trail from Green Springs to State Road 415. All ages and abilities are welcome on this 11.4-mile round trip. Bring a bicycle and helmet to Green Springs Park, 994 Enterprise-Osteen Road, Enterprise.

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**SATURDAY, MAY 6**

\*EDGEWATER 9am-11:00am  
Libbylu's Puppy Groom, 2102 S. Ridgewood (Behind Peggy's Kitchen Diner)

\*NEW SMYRNA BEACH 12:30pm-2:00pm  
Big Lots 1998 Hwy. 44, Publix Plaza

\*PORT ORANGE 2:30pm-4:00pm  
Best in Show Groomer 201 Commonwealth Blvd

**SUNDAY, MAY 7**

\*DELAND 9:00-10:30am  
W. Volusia Plaza 2613 S Woodland Blvd. (set up around corner from Chair Store, on side)

\*DEBARY 11:30am-1:00pm  
Ace Hardware 220 N Charles Richard Beall Blvd

\*DELTONA 2:30pm-4:30pm  
Marathon Station Plaza 2840 Doyle Rd. @ Courtland

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spcavolusia.org